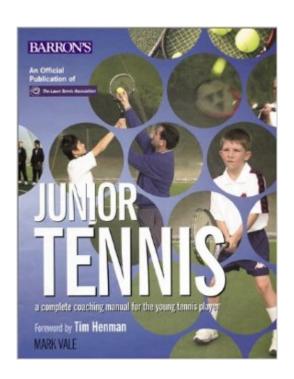
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# Junior Tennis: A Complete Coaching Manual For The Young Tennis Player





## **Synopsis**

Junior Tennis is a complete guide for beginners, and for coaches and parents who want to teach the game's fundamentals to kids, ages 6 through 16. Beautifully and instructively illustrated, this manual was written and prepared in association with England's renowned Lawn Tennis Association.

Students of tennis will learn: basic rules and etiquette; how to hit effective, consistent ground strokes; the essential skills of serve/volley and chip-and-charge; cross-court volleying; how to select the best equipment; and much more. Sequenced photography, sidebar tips, instructive diagrams, and a fun quiz will help junior tennis players improve technique and fully understand the game. Approximately 200 full-color photos and diagrams in total.

#### **Book Information**

Paperback: 128 pages

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Product Dimensions: 10.2 x 7.7 x 0.4 inches

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Average Customer Review: 1.0 out of 5 stars Â See all reviews (1 customer review)

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Books > Sports & Outdoors > Racket Sports #1044 in Books > Sports & Outdoors > Individual

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### **Customer Reviews**

No real insight on achieving or attempting world class development. Nothing in here you cannot find free on the web.

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